

No	Herbs	Duration	Yield
1	basil	16 weeks	harvest leaves 400g
2	bay	16 weeks	harvest leaves 400g
3	cardamon	16 weeks	harvest leaves 400g
4	celery seed	8 weeks	480g
5	chervil	16 weeks	
6	chicory	16 weeks	
7	chili pepper	6 weeks	
8	chives	6 weeks	300g
9	cilantro	7 weeks	450g
10	clove	16 weeks	
11	coriander	5 weeks	200g
12	curry leaf	16 weeks	
13	dill	7 weeks	200g
14	epazote	busy	
15	fennel	5 weeks	200g
16	fenugreek	5 weeks	
17	filé	5 weeks	
18	garam masala	busy	
19	garlic chives	5 weeks	300g
20	green onion	5 weeks	300g
21	horseradish	4 weeks	undetermined
22	jasmine flowers	4 weeks	
23	lavender	16 weeks	continuous
24	lemon balm	16 weeks	continuous
25	lemon verbena	16 weeks	continuous
26	mint	6 weeks	300g
27	mustard seed	5 weeks	300g
28	nutmeg	5 weeks	300g
29	onion	5 weeks	300g
30	oregano	5 weeks	180g
31	parsley	5 weeks	150g
32	peppermint	5 weeks	200g

33	rosemary	5 weeks	continuous
34	saffron	continues	once a year
35	sage	5 weeks	continuous
36	spearment	6 weeks	200g
37	thyme	5 weeks	200g
38	vanilla	5 weeks	continuous
39	watercress	5 weeks	200g
40	wintergreen	5 weeks	150g
41	yellow mustard	5 weeks	250g
42	Wild Rocket	5 weeks	200g

No	Vegs	Duration	Yield
1	Lettuce		
	Butter	30 days	300g
	Red Oak	30 days	250g
	Green Oak	30 days	300g
	Navada	30 days	350g
	Lola Bianda	30 days	300g
	Lola Rosa	30 days	250g
	Batavia	30 days	300g
	Butter head	30 days	300g
	Cos	30 days	250g
	Crunchy	30 days	300g
	Curly	30 days	300g
	Gem	30 days	300g
	salanova	30 days	250g
2	Green/ Red Chillies		
3	Baby cabbages		
4	Celery	30 days	450g
5	Spring onion	30 days	
6	Swiss Shard (all varietie	5 weeks	250g
7	Pak Choi	14 days	120g
8	Kale varieties (Most)	5 weeks	280g
9	Spinach		